



# THE CHURCH OF THE SACRED HEART

020 8946 0305  
wimbledon@rcaos.org.uk  
sacredheartwimbledon.org.uk  
@SHWimbledon /sacredheartwimbledon

Sacred Heart Wimbledon  
Edge Hill  
Wimbledon  
London SW19 4LU

Sunday  
8 February 2026

## Newsletter

Vol. 12  
Issue 5

Fifth Sunday in Ordinary Time  
Fifth Week in Ordinary Time

### WIMBLEDON YOUNG ADULTS



An informal  
social for young  
adults. A place to  
build community,  
pray, have a pint,  
play piano, sing,  
play pool and darts.

**7:00pm - 9pm**  
**Parish Lounge**  
**Sacred Heart Church**

Any questions contact the  
faith minister; Rob:  
wimbledonpfm@rcaos.org.uk

### Today's Mass

**First Reading** (Isaiah 58:6-10): If we, as the Church, engage in what we nowadays would term social justice – an important theme in the Old Testament prophets – then we will enable God's saving grace to be available to those who need it.

**Psalm 112(111)** echoes that if the good or just person puts God's virtues into practice, he or she will be a light in the darkness.

**Second Reading** (1 Corinthians 2:1-5): It seems that the Corinthians did not think highly of Paul's speaking abilities, but Paul makes a virtue out of it: he says that we should not rely on human philosophy, but on God's power.

Today's **Gospel** (Matthew 5:13-16) is part of Jesus' Sermon on the Mount, and its sayings about salt and light follow on from the Beatitudes. Although Jesus says 'you are', these are really commands: this is what Christian disciples should be like. We should also note that 'you' is plural: it is the community, the Church, which is called to be salt and light. Salt brings out the existing taste of food – but if the Church becomes corrupt or conforms completely to the secular world and fails to bring Christ's teachings to the world, it is useless. Likewise, the Church itself is not the light, but the lamp which enables Christ, who is the light of the world, to be seen.

*Canon David*

### Continental Breakfast after the 8.00am and 10.00am Masses



Join us in the Lower Hall for bacon, pastries, sausage rolls, teas, and coffees – all to accompany good chats with fellow parishioners! There is no charge, but donations are gratefully received.

#### Parish Pastoral Team

Parish Priest	Canon David Gibbons KCHS
Parish Clergy	Fr Edwin Raj
	Fr Peter Mudu Frank
	Deacon Julian Burling
Team Member	Sr Dorothy Perrott OSU
Faith Minister	Rob Hitchcock

#### Sacred Heart Catholic Primary School

Burlington Road, KT3 4ND  
[school@sacredheart.merton.sch.uk](mailto:school@sacredheart.merton.sch.uk)  
Headteacher: Sarah Norville

**be  
well**

**Our parish is a Be Well Hub!** If you would like any mental health advice or to take up counselling, please approach any of the Be Well Champions at the Continental Breakfast; they will be wearing name badges.

## This Sunday

### Day for Victims of Trafficking

On the memorial day of St Josephine Bakhita, the Patron Saint of victims of human trafficking, we remember and pray for the 50 million victims of this evil trade in human beings.

With as many as 50 million victims of human trafficking around the world, we call on all states to re-prioritise efforts to end this evil market in humans, as they pledged to do with Sustainable Development Goal 8.7 in 2015. This will require increased funding of the appropriate state agencies, and increased collaboration between state actors, police, civil society and business.

If you suspect human trafficking but are unsure whether to act, remember that reporting your concerns can make a critical difference. Look for signs of exploitation, such as individuals appearing fearful, isolated, or controlled by others. Call the police on 999, or Crimestoppers at 0800 555 111, to report the crime anonymously.

### Equestrian Order of the Holy Sepulchre of Jerusalem

There will be a short talk at the end of Masses about the Equestrian Order of the Holy Sepulchre, of which Canon David is a Knight Commander and a Prior. Please speak to one of the Knights or Dames after Mass to learn more about the Order and its work in the Holy Land. You can also learn more about the Order at [eohsj.org.uk](http://eohsj.org.uk).

### Continental Breakfast and Be Well Hub after the 8.00am and 10.00am Masses

Please see the front cover.

The **Upper Hall** will be out of action from Thursday 12 February until Thursday 12 March due to major renovations.

### Children's Liturgy of the Word during the 10.00am Mass

Children in Reception, Year 1, and Year 2 are invited to attend with their parents and discover, explore, and discuss the Gospel in an age-appropriate way. We call children to the front of the church after the welcome, process together to the Lounge, and return to the church before the Liturgy of the Eucharist.

After this Sunday, the next Children's Liturgy will be on Sunday 22 February. Please email Elizabeth at [elizabethbotttriell@hotmail.com](mailto:elizabethbotttriell@hotmail.com) if you have any questions.

### 6.30pm Saturday 14 March Poetry & Paint

Join Poets & Prophets for a nourishing evening of creativity and connection in the Lounge. We gather to welcome spring through a gentle poetry, writing, and painting workshop designed to awaken imagination and intuition. This creative environment invites participants of all levels to explore words, colour, and emotion in a supportive, collaborative space. Art supplies are provided with the ticket price and there will be a bar for drinks and snacks. Book your place at [tinyurl.com/yrj58cta](http://tinyurl.com/yrj58cta).

## This week

### National Marriage Week

This week offers an opportunity to support and promote marriage and family life. For prayers, reflections, and resources, please visit [cbcew.org.uk/marriage-week](http://cbcew.org.uk/marriage-week).

### 8.00am Monday: DHM Convent Mass

All parishioners are welcome to the monthly Mass at the Daughters of the Heart of Mary Convent (41 Murray Road, SW19 4PD).

### Jennifer Harris RIP

Funeral Mass at 11.00am on Tuesday, followed by burial at Mortlake Cemetery.

### Wednesday: World Day for the Sick

Wednesday, the memoria of Our Lady of Lourdes, is a day of prayer, spiritual closeness, and reflection for the Church and for civil society, who are all called to recognise the face of Christ in our sick and vulnerable brothers and sisters. The theme for this 34<sup>th</sup> World Day for the Sick is: *The compassion of the Samaritan: Loving by bearing another's pain.*

### 5.00pm Thursday Sisters of Christ Convent Mass

All parishioners are welcome to the monthly Mass at the Sisters of Christ Convent (Norlands, 2B Mayfield Road, SW19 3NF).

### 7.00pm Thursday: Prayer and a Pint Young Adults Group

Please see the front cover. Young adults, come to the Lounge! (Bring drinks and games!)

### 11.00am – 4.00pm Saturday 14 February Ignatian Prayer Day

We invite you to explore Ignatian spirituality during this prayer day, hosted in the Lounge – an excellent preparation for Lent. Everyone is welcome; please bring a packed lunch. There is no need to register: simply turn up. For more details, please call Sr Anne on 07394 302500.

### Holy Matrimony

The Wedding of Thomas Fegan and Rebecca Mangion is at 12.30pm on Saturday 14 February.

**Safeguarding:** It is the policy of the Catholic Church in England and Wales to report all allegations of abuse to statutory authorities, regardless of whether the abuse occurred recently or in the past, or whether the accused person is living or deceased. If you are concerned about the welfare of a child or adult at risk, do not delay in contacting the police, using 999 if a child or adult is believed to be in immediate danger. Further safeguarding information can be found on the parish website at [sacredheartwimbledon.org.uk/safeguarding](http://sacredheartwimbledon.org.uk/safeguarding).

**Parish Safeguarding Representatives:** Victoria Wheatley ([wimbledonsg1@safeguardrcaos.org.uk](mailto:wimbledonsg1@safeguardrcaos.org.uk))  
Siobhán Heffron ([wimbledonsg3@safeguardrcaos.org.uk](mailto:wimbledonsg3@safeguardrcaos.org.uk)) • Maria Christopher ([wimbledonsg5@safeguardrcaos.org.uk](mailto:wimbledonsg5@safeguardrcaos.org.uk))

## Spotlight on...



The **Wednesday Evangelization Prayer Group** meets on Wednesday evenings from 8.00pm to 9.00pm in the Sisters of Christ Convent (Norlands, 2B Mayfield Road, SW19 3NF). There is always a Scriptural content and members take a turn at leading. If you would like to join this prayer group to pray for evangelization, please call Sister Gretta on 020 8543 0594 or 07519 037826, or just turn up on a Wednesday.

## New to the parish?

Welcome! Please introduce yourself to a member of the parish team after Mass and register online at [sacredheartwimbledon.org.uk](https://sacredheartwimbledon.org.uk) or by filling out a registration form from the back of the church.

Ash Wednesday  
18 February

## Journey with us through Lent!

Easter Sunday  
5 April

On **Ash Wednesday 18 February**, Holy Mass with the Imposition of Ashes – to mark the beginning of Lent – will be celebrated at 10.00am, 6.30pm, and 8.00pm.

**7.00pm for 7.30pm Tuesdays 3, 10, and 17 March**  
Lenten talks: The English Doctors of the Church

Come along to the Lower Hall on the following Tuesdays in Lent as Canon David offers three talks on the English Doctors of the Church. Join for refreshments from 7.00pm, with Canon David's talk beginning at 7.30pm.

Tuesday 3 March St Bede the Venerable  
Tuesday 10 March St Anselm, Archbishop of Canterbury  
Tuesday 17 March St John Henry Newman

**7.15pm Wednesdays 4, 11, 18, and 25 March**  
Lenten discussion evenings: *Ambassadors for Christ*

Join us in the Lounge as Nina Beltran, our Parish Lead for Faith Formation, will share videos from *Ambassadors for Christ*, followed by a discussion. Produced by the Archdiocese of Southwark, the *Ambassadors for Christ* video series is a landmark apologetics project designed to equip you with a deeper understanding of your faith, so that you can confidently answer questions and be a joyful witness to the Lord Jesus and His Church. Refreshments will be provided.

## Other notices

**6.30pm this Tuesday 10 February**  
**40 Days for Life Brixton**

The Good Counsel Network invites you to learn about this year's 40 Days for Life peaceful prayer vigil near the abortion centre in Brixton. The launch event will include a testimony of a mother who kept her baby because she met people praying outside an abortion clinic. The event takes place at the hall of Our Lady of the Rosary, Brixton (364 Brixton Road, SW9 0TH).

**1.30pm – 3.00pm**  
**Wednesday 18 February**  
***Dilexi te* discussion group**

The Westminster Cathedral Interfaith group will meet in the Hinsley Room (enter on Morpeth Terrace) to discuss Pope Leo XIV's first apostolic exhortation, *Dilexi te* (2025). Refreshments will be served.

**2.30pm – 4.30pm Sunday 22 February**  
**Free Dementia Disco**

Anyone living with Dementia and their family and carers are invited to a free party in the hall of St John Fisher Merton (Cannon Hill Lane, SW20 9DB). Please book at [dementiadisco.org](https://dementiadisco.org).

**6.00pm – 7.30pm Monday 16 March**  
**Catholic Union Online Webinar:**  
**Does Science Pose a Threat**  
**to Today's Catholicism?**

Learn more at [tinyurl.com/2sahbayy](https://tinyurl.com/2sahbayy).  
Booking by email is essential.

**Friday 20 – Sunday 22 March**  
**Weekend retreat for the bereaved**

*Grief In Loss: Hope In Christ* will take place away from the pressures of day-to-day life and can help one begin to come to terms with bereavement. It is a time for quiet, prayer, talking and acceptance. Due to the special nature of this weekend retreat, held at Aylesford Priory in Kent, places are limited and subject to a telephone call to discern if it is right for you. Please call 01622 717272 or email [reception@thefriars.org.uk](mailto:reception@thefriars.org.uk).

**Cinque Cottages Charity**

This almshouse charity in Crooked Billet, near Wimbledon Common, has a vacancy in a one bedroom first-floor flat (no lift). Admission is open to men and women aged 55 or over who satisfy the criterion of being in financial need. For more information and to apply before Thursday 26 February, please email Chris Larkman, the Clerk, at [chrislarkman@gmail.com](mailto:chrislarkman@gmail.com).

**Vacancy: Treasurer / Trustee at Love Heals Body, Mind, and Spirit Charity**

If you feel that this voluntary vacancy would suit you, please email David at [lovehealsbodymindspirit@gmail.com](mailto:lovehealsbodymindspirit@gmail.com) or call him at 0208 542 2476.

Next Sunday's Second Collection is for the **Clergy Support Fund**, which enables our Archdiocese to care for clergy in their retirement, old age, and in ill health, after their lifetime of devoted service to Christ, His Church and His people. Your donations ensure our clergy's dignified retirement.

## Celebrants this Sunday

6.30pm (Sat)	Canon David Gibbons
8.00am	Fr Peter Mudu Frank
10.00am	Fr Edwin Raj & Dcn Julian Burling
12 noon	Canon David Gibbons & Dcn Julian Burling
5.00pm	Fr Peter Mudu Frank
8.00pm	Fr Edwin Raj

## We remember in our prayers

### Those who have died recently

Sheila Morrissey • Jennifer Harris • Kathleen Bishop  
Nicholas McGough • Joseph Andre Leon-Son  
Margaret Tolmie • Annette King • Firyal Tokatly

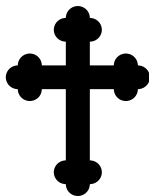
### Those whose anniversaries occur at this time

Peter Stephens • Adrian Collyns • Len Hay  
Maureen Lockley • Leon Douglas  
Patrick Barry • George Fletcher • Helen Marino

### Those who are sick

Finley Kennedy • Samar Staussi • Maria Tinker • Emily Grey  
Electa Almeida • Karolina Masica • Mark Capra  
Angela White • Peter Gent • Margaret Brauer  
Karoline Wilhelm-Brown • Valeria Kucharsky  
Debbie Gargan • Patricia Codd • Hilary Brazier  
Ethan Costa Peruzzo • Peter Hayes • Mary Fripp  
Sadie Smith • Warlita Villejo • Ryan Lewis • Joseph Lewis  
Peter Boyle • Susan McGuinn • Theresa Williams  
Patricia Byrne • Francis O'Farrell • Anthony Murphy  
Aimee Jones • Marina Francescotti

Please let the Parish Office know in writing if either your name or the names of your relatives and friends should appear in our sick list. For data protection reasons, individuals must explicitly agree for their names to be mentioned in our newsletter.



## Exposition

Wednesdays and Fridays  
10.30am – 12 noon and  
5.25pm – 6.25pm

First Mondays and Fridays  
of the month  
7.00pm – 8.00pm

## Reconciliation

Mondays to Saturdays  
6.00pm – 6.20pm

Saturdays  
10.30am – 11.30am

## Hospital contacts

If you or a member of your family are admitted to a local hospital, please let the hospital's Catholic chaplain know.

**St George's:** Fr Peter Littleton (020 8725 3069  
or 020 8672 1255)

**Epsom and St Helier:** Fr Philip Pak (020 8296 2000)

**Kingston:** Fr Tony Oleh (020 8546 7711)

Your generosity helps to fund our parish's wide range of liturgical, spiritual, and cultural activities.

To donate, scan the QR code or visit  
[sacredheartwimbledon.org.uk/donate](https://sacredheartwimbledon.org.uk/donate).  
Thank you.



## Weekday Mass Intentions

### Saturday 7 February • of Our Lady

10.00am Clare Gummett (RIP)  
6.30pm Rita De Lambert (RIP)

### Monday 9 February

8.00am Daughters of the Heart of Mary  
[41 Murray Road, SW19 4PD]  
10.00am Karolina Masica  
6.30pm Ana Rosa Carneiro & Joaquim Pires (RIP)

### Tuesday 10 February • S Scholastica, V

10.00am Karolina Masica (Thanksgiving)  
11.00am Funeral Mass of Jennifer Harris (RIP)  
6.30pm Clare Gummett (RIP)

### Wednesday 11 February • Our Lady of Lourdes

10.00am Alfred Percival Blake (RIP)  
6.30pm Brian & Terri McQuaid

### Thursday 12 February

10.00am Colin, Isabelle, and Brian Freeman  
and Gabriel De Lima (RIP)  
5.00pm Sisters of Christ  
[Norlands, 2B Mayfield Road, SW19 3NF]  
6.30pm Mary Yates (RIP)

### Friday 13 February

10.00am Thomas Patrick Hogan (RIP)  
6.30pm Rita & Aubrey & Family

### Saturday 14 February • SS Cyril, Monk, & Methodius, B

10.00am Canute & Delia (50th Wedding Anniv.)  
12.30pm Wedding of Thomas Fegan  
& Rebecca Mangion  
6.30pm Brian Smyth (RIP)

## Music at the 12 noon Mass

Entry hymn: (796) What does the Lord require?

Kyrie/Gloria: (459)/(460)

Offertory motet: *Dextera Domini* (V. Goller)

Communion motet: *Ave verum* (E. Elgar)

Communion hymn: (365) Light of our darkness

## Music at the 5.00pm Mass

Scan the QR code or visit  
[sacredheartwimbledon.org.uk/5pm](https://sacredheartwimbledon.org.uk/5pm)



## Parish services and contacts

### Parish Office

020 8946 0305

[wimbledon@rcaos.org.uk](mailto:wimbledon@rcaos.org.uk)

9.00am – 4.00pm

Monday – Friday

### Executive Assistant

Thelma D'Costa

Please contact the Parish Office for all enquiries, hall bookings, baptisms, first Sacraments, marriages, and funerals. Please email any notices for the weekly newsletter to [wimbledonnewsletter@rcaos.org.uk](mailto:wimbledonnewsletter@rcaos.org.uk) by Tuesday evening.

Please remember always to register your car when using the church car park (except Sundays) via a registration tablet at the church entrance, presbytery reception, or hall entrances.