



# THE CHURCH OF THE SACRED HEART

020 8946 0305

wimbledon@rcaos.org.uk

sacredheartwimbledon.org.uk

@SHWimbledon /sacredheartwimbledon

Sacred Heart Wimbledon

Edge Hill

Wimbledon

London SW19 4LU

Sunday  
1 February 2026

## Newsletter

Vol. 12  
Issue 4

### Fourth Sunday in Ordinary Time Fourth Week in Ordinary Time



11.00am – 4.00pm  
Saturday 14 February  
Ignatian Prayer Day

Ignatian spirituality is about finding God in the everydayness of my life and in my relationship with God, myself, others, and Creation. This sense of awareness of God in our everydayness invites us to a conversation with God in prayer – an excellent preparation for Lent.

We will explore Ignatian spirituality during this prayer day, hosted in the Lounge. We invite you to come with an open mind to participate in as much or as little as you wish. Everyone is welcome; please bring a packed lunch. There is no requirement to have attended previous days and no need to register – simply turn up. For more details, please call Sr Anne at 07394 302500.

#### Parish Pastoral Team

Parish Priest	Canon David Gibbons KCHS
Parish Clergy	Fr Edwin Raj Fr Peter Mudu Frank Deacon Julian Burling
Team Member	Sr Dorothy Perrott OSU
Faith Minister	Rob Hitchcock

#### Sacred Heart Catholic Primary School

Burlington Road, KT3 4ND  
[school@sacredheart.merton.sch.uk](mailto:school@sacredheart.merton.sch.uk)  
Headteacher: Sarah Norville

#### Today's Mass

The **First Reading** (Zephaniah 2:3;3:12–13) is a sort of pre-echo of the Beatitudes in today's Gospel. God's people are to show humility, seek righteousness, do no injustice, and speak no lies.

**Psalm 146(145)** describes God's power and goodness. Unusually, the Response (Matthew 5:3) is taken not from the Psalm, but from the Gospel. Did you know that the Responsorial Psalm is so-called not because it has a repeated response in it, but because it is a response to the First Reading?

**Second Reading** (1 Corinthians 1:26–31): St Paul portrays the message of the Cross as an indictment of the normal public values of wisdom and power, since it reverses worldly standards and undermines human pretensions. All of today's Readings are profoundly countercultural.

**Gospel** (Matthew 5:1–12a): At the beginning of the Sermon on the Mount, Jesus teaches the crowd the Beatitudes, surely amongst the best-known and loved of all Scripture passages.

The Beatitudes promise comfort in the next life, which helps to make the trials of this life bearable. But besides offering hope, they also contain an imperative: attitudes for which we should strive in this life – for example, we should hunger and thirst for righteousness, and become peacemakers. These attitudes are in deep contrast to the values of the world. Above all, the Beatitudes guide believers towards holiness and true joy in Christ.

*Canon David*

#### Racial Justice Sunday

Racial Justice Sunday is a time for us to pray, reflect and take action against racism, while celebrating the diversity of our parish, Archdiocese, and Church. This year's theme is: *'Whoever loves God must also love his brother'* (1 John 4:21): *Promoting Racial Justice in our Parishes*. For further information, questions for reflection, and prayers, please visit [cbcew.org.uk/racial-justice-sunday](http://cbcew.org.uk/racial-justice-sunday).

## This Sunday

### Racial Justice Sunday

Please see the front cover.

### Love Heals Body, Mind and Spirit Ministry

There will be a short talk at the end of Masses about Love Heals Body, Mind and Spirit Ministry. You can find out more at [lovehealsbodymindspirit.com](http://lovehealsbodymindspirit.com).

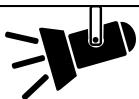
### Café in the Lounge after the 10.00am Mass

You are warmly invited to join us for tea, coffee, biscuits, etc.!

### Social Club after the 8.00pm Mass

All are welcome to join us in the Lounge for a drink and social gathering!

### Spotlight on...



Could you offer two to three hours a month to support our **Parish Flower Group**? This is a lovely way to volunteer for the parish! No experience is needed. Our volunteers collect and sort flowers before arrangement, supply greenery, water flowers during the week, and clear away at the end of the week. To learn more, please email Patricia at [sacredheartflowers@outlook.com](mailto:sacredheartflowers@outlook.com)



### Congratulations on your engagement!

At least six months' notice is required to marry in the Church. Please contact the Parish Office. You can learn more about how to get married on our website, [sacredheartwimbledon.org.uk](http://sacredheartwimbledon.org.uk), under 'Faith and the Sacraments' → 'Marriage'.

## This week

### Monday: Candlemas

Mass on the Feast of the Presentation of the Lord will be celebrated at the usual times of 10.00am and 6.30pm. Both Masses will start with the Lighting and Blessing of Candles, and the Procession to the Altar with the singing of the *Nunc Dimittis*. You can bring your own candles to be blessed at Mass if you wish.

### Monday: Episcopal Ordination of Canon Gerard Bradley

The Episcopal Ordination of Canon Gerard Bradley as a new Auxiliary Bishop of the Archdiocese is at 12:30pm at St George's Cathedral, Southwark (Lambeth Road, SE1 7HY). If you cannot attend in-person, the ordination will be livestreamed at [youtube.com/live/P4Bb2pdk8nY](https://youtube.com/live/P4Bb2pdk8nY).

### Tuesday: Blessing of Throats

On the memorial in the General Calendar of St Blaise, bishop, martyr, and patron saint of throats, there will be the traditional Blessing of Throats after the 10.00am and 6.30pm Masses.

### Nicholas Hogarth RIP

Funeral Mass at 11.00am on Tuesday, followed by cremation at the North East Surrey Crematorium. We send our condolences to Moya Hogarth, who paints the Paschal Candle each year.

### Michael Hamilton RIP

The Funeral Mass of Michael Hamilton, who was Sacristan of our church for 28 years, will be at the 10.00am Mass on Wednesday, followed by cremation at the Putney Vale Crematorium. We send our condolences to Jean and the family.

### No Adoration on Wednesday morning

... due to the Funeral Mass. Adoration continues as normal from 5.25pm to 6.25pm on Wednesday.

### Sheila Michaelas RIP

Funeral Mass at the 10.00am Mass on Thursday. We send our condolences to Sheila's loved ones.

### Parish Pastoral Council

The PPC meets at 8.00pm on Thursday in the Lounge. Parishioners are always welcome to attend these meetings.

### 2.30pm Friday: *Cactus Flower* (1969) film screening at the Friendship Group

Join us in the Lounge as we watch *Cactus Flower* (1969), starring Walter Matthau, Ingrid Bergman, and Goldie Hawn. There will be ice creams, tea, and biscuits. Everyone is welcome!

### First Friday Devotion

This First Friday is a monthly day of devotion to the Sacred Heart of Jesus. Can YOU attend Mass, Adoration, and/or Confession this Friday?

**Holy Mass:** 10.00am • 6.30pm

**Adoration:** 10.30am – 12 noon •

5.25pm – 6.25pm • 7.00pm – 8.00pm

**Confessions:** 6.00pm – 6.20pm

Please see the back cover for all our times of Adoration of the Blessed Sacrament and Confessions.

### Edge Hill Players Panto: *Puss in Boots*

2.30pm and 7.00pm

Saturday 7 February

Come and see Puss in Boots on his amazing journey to fame and fortune, meeting a cast of characters, both good and evil, along the way! This original panto written and directed by Wendy Tansey and Terry Marsh is the purr-fect antidote to the winter blues!

For tickets and further information, please visit [edgehillplayers.com](http://edgehillplayers.com) or call 07742 230493.

**Safeguarding:** It is the policy of the Catholic Church in England and Wales to report all allegations of abuse to statutory authorities, regardless of whether the abuse occurred recently or in the past, or whether the accused person is living or deceased. If you are concerned about the welfare of a child or adult at risk, do not delay in contacting the police, using 999 if a child or adult is believed to be in immediate danger. Further safeguarding information can be found on the parish website at [sacredheartwimbledon.org.uk/safeguarding](http://sacredheartwimbledon.org.uk/safeguarding).

**Parish Safeguarding Representatives:** Victoria Wheatley ([wimbledonsg1@safeguardrcaos.org.uk](mailto:wimbledonsg1@safeguardrcaos.org.uk))  
Siobhán Heffron ([wimbledonsg3@safeguardrcaos.org.uk](mailto:wimbledonsg3@safeguardrcaos.org.uk)) • Maria Christopher ([wimbledonsg5@safeguardrcaos.org.uk](mailto:wimbledonsg5@safeguardrcaos.org.uk))

**7.30pm Tuesdays 3, 10, and 17 March**

## **Lenten talks: The English Doctors of the Church**

Join us on the following Tuesdays in Lent at 7.30pm in the Lower Hall as Canon David offers three talks on the English Doctors of the Church:

Tuesday 3 March St Bede the Venerable  
Tuesday 10 March St Anselm, Archbishop of Canterbury  
Tuesday 17 March St John Henry Newman

## **Forthcoming parish liturgies and events**

**11.00am – 4.00pm  
Saturday 14 February  
Ignatian Prayer Day**

Please see the front cover.

**Ash Wednesday 18 February**

Holy Mass with the Imposition of Ashes – to mark the beginning of Lent – will be celebrated at 10.00am, 6.30pm, and 8.00pm.

**7.30pm Tuesdays 3, 10, and 17 March  
Lenten Talks on the  
English Doctors of the Church**

Please see the insert box.

**6.30pm Saturday 14 March  
Poetry & Paint**

As winter softens and the first signs of spring emerge, join Poets & Prophets for a nourishing evening of creativity and connection in the Lounge. We gather to welcome spring through a gentle poetry, writing, and painting workshop designed to awaken imagination and intuition.

This creative environment invites participants of all levels to explore words, colour, and emotion in a supportive, collaborative space. Art supplies are provided with the ticket price and there will be a bar for drinks and snacks. Book your place at [tinyurl.com/yrj58cta](http://tinyurl.com/yrj58cta).

## **Diocesan notices**

### **Scam emails**

The diocesan ICT team report a rise in scam emails targeting parishioners. These emails impersonate the parish priest, often using a similar email name and masking the real email address. They typically request the recipient to purchase Amazon or other gift cards as gifts for the priest.

If you encounter these emails, please report them as spam and inform the Parish Office immediately. In particular:

- never purchase gift cards as gifts for – or requested by – a member of the Parish Pastoral Team;
- double-check any suspicious emails (contact the Parish Office if in any doubt); and
- do not share personal or financial information in response to unsolicited emails.

### **Safe Spaces**

Safe Spaces is a free and independent support service that provides a confidential, personal, and safe space for anyone who has been abused by someone in the Church or as a result of their relationship with the Church of England, the Catholic Church in England and Wales, or the Church in Wales. Their website is [safespacesenglandandwales.org.uk](http://safespacesenglandandwales.org.uk) and their helpline is 0300 303 1056.

### **St George's Cathedral Choirs recordings**

The St George's Cathedral Choirs have released new recordings of hymns to encourage worship through music. The hymns include Schubert's Ave Maria by Cathedral Lay Clerk Tamsin Raitt and Franck's Panis Angelicus by the Cathedral Choir, as well as hymns by children from the Southwark Singing Programme. Listen to the full collection at [rcaos.org.uk/hymns2025](http://rcaos.org.uk/hymns2025).

## **New to the parish?**

Welcome! Please introduce yourself to a member of the parish team after Mass and register online at [sacredheartwimbledon.org.uk](http://sacredheartwimbledon.org.uk) or by filling out a registration form from the back of the church.

## **Other notices**

**Will you run for the  
Jesuit Refugee Service?**

By joining Team JRS UK at the Wimbledon Common 10k and Half-Marathon, you'll be raising vital funds to support refugees and people seeking asylum in the UK. Whether you're a first-time runner or a seasoned athlete, anyone can take part! Run with us, fundraise, and help make a difference.

The races will take place on Sunday 3 May at Richard Evans Memorial Playing Fields (Roehampton Vale, SW15 3PQ). The minimum age is 17 for the Half-Marathon and 15 for the 10k. To learn more and sign up, please visit [jrsuk.net/wimbledon-common](http://jrsuk.net/wimbledon-common).

### **Wimbledon Marriage Care**

Wimbledon Marriage Care is seeking volunteers to join their team of chaperones: could you help? This vital role involves welcoming clients and ensuring that their session with the counsellor goes uninterrupted. These in-person sessions take place for up to two hours on Monday mornings from 9.00am and for up to three hours on Tuesday evenings from 7.00pm in Wimbledon.

To learn more, please contact Clive or Teresa Weeks on 020 8393 1607 or 07815 854007 or email [c.a.weeks@hotmail.co.uk](mailto:c.a.weeks@hotmail.co.uk). For counselling appointments, please call the National Appointment Service on 0800 389 3801.

**Pope's Intention for February 2026:** For children with incurable diseases. Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

## Celebrants this Sunday

6.30pm (Sat)	Canon David Gibbons
8.00am	Fr Peter Mudu Frank
10.00am	Fr Edwin Raj
12 noon (Latin)	Canon David Gibbons
5.00pm	Fr Peter Mudu Frank
8.00pm	Fr Edwin Raj

## We remember in our prayers

### Those who have died recently

Nick Hogarth • Michael Hamilton • Sheila Michaelas  
Sheila Morrissey • Jennifer Harris • Sylvia Bhagwatsingh  
Kathleen Bishop • Nicholas McGough • Joseph Leong-Son  
Peggy Tolmie • Mary Brigid Nicholson  
Annette King • Teresa Escalona

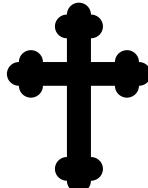
### Those whose anniversaries occur at this time

Elizabeth Oliver • Winifred Bogt • Jacinto Cordeiro  
Antonia Pancratius • William Gilsenan

### Those who are sick

Finley Kennedy • Samar Staussi • Maria Tinker • Emily Grey  
Electa Almeida • Karolina Masica • Mark Capra  
Angela White • Peter Gent • Margaret Brauer  
Karoline Wilhelm-Brown • Valeria Kucharsky  
Debbie Gargan • Patricia Codd • Hilary Brazier  
Ethan Costa Peruzzo • Peter Hayes • Mary Fripp  
Sadie Smith • Warlita Villejo • Ryan Lewis • Joseph Lewis  
Peter Boyle • Susan McGuinn • Theresa Williams

Please let the Parish Office know in writing if either your name or the names of your relatives and friends should appear in our sick list. For data protection reasons, individuals must explicitly agree for their names to be mentioned in our newsletter.



## Exposition

Wednesdays and Fridays  
10.30am – 12 noon and  
5.25pm – 6.25pm

First Mondays and Fridays  
of the month  
7.00pm – 8.00pm

## Reconciliation

Mondays to Saturdays  
6.00pm – 6.20pm

Saturdays  
10.30am – 11.30am

*no morning Adoration  
this Wednesday 4 February*

## Hospital contacts

If you or a member of your family are admitted to a local hospital, please let the hospital's Catholic chaplain know.

**St George's:** Fr Peter Littleton (020 8725 3069  
or 020 8672 1255)

**Epsom and St Helier:** Fr Philip Pak (020 8296 2000)  
**Kingston:** Fr Tony Oleh (020 8546 7711)

Your generosity helps to fund our parish's wide range of liturgical, spiritual, and cultural activities.

To donate, scan the QR code or visit [sacredheartwimbledon.org.uk/donate](http://sacredheartwimbledon.org.uk/donate).  
Thank you.



## Weekday Mass Intentions

### Saturday 31 January • S John Bosco, Pr

10.00am Gabriel Lyons  
6.30pm Dan O'Brien (RIP)

### Monday 2 February • The Presentation of the Lord

10.00am Mary Anne Salvatore  
6.30pm Alina Hancock (RIP)

### Tuesday 3 February • S Lawrence of Canterbury, B

10.00am Sr Delia Salmon  
11.00am Funeral Mass of Nicholas Hogarth (RIP)  
6.30pm Ana Rosa Carneiro & Joaquim Pires (RIP)

### Wednesday 4 February

10.00am Funeral Mass of Michael Hamilton (RIP)  
6.30pm John Burke (RIP)

### Thursday 5 February • S Agatha, V M

10.00am Funeral Mass of Sheila Michaelas (RIP)  
6.30pm Mary Vaughan-Neil (RIP)

### Friday 6 February • SS Paul Miki & Companions, MM

10.00am Selina & William Douglas (RIP)  
6.30pm Joy Mealin (RIP)

### Saturday 7 February • of Our Lady

10.00am Clare Gummell (RIP)  
6.30pm Rita De Lambert (RIP)

## Music at the 12 noon Solemn Latin Mass

### Mass in C (R.R. Terry)

*O Salutaris hostia* (F. Laloux)

*Adoramus te, Christe* (O. Lassus)

**Organ:** Prelude & Fugue in G, BWV 550 (J.S. Bach)

## Music at the 5.00pm Mass

Scan the QR code or visit

[sacredheartwimbledon.org.uk/5pm](http://sacredheartwimbledon.org.uk/5pm)



## Parish services and contacts

**Parish Office**  
020 8946 0305  
[wimbledon@rcaos.org.uk](mailto:wimbledon@rcaos.org.uk)

9.00am – 4.00pm  
Monday – Friday

**Executive Assistant**  
Thelma D'Costa

Please contact the Parish Office for all enquiries, hall bookings, baptisms, first Sacraments, marriages, and funerals. Please email any notices for the weekly newsletter to [wimbledonnewsletter@rcaos.org.uk](mailto:wimbledonnewsletter@rcaos.org.uk) by Tuesday evening.

Please remember always to register your car when using the church car park (except Sundays) via a registration tablet at the church entrance, presbytery reception, or hall entrances.

The Sacred Heart SVP Conference meets to help those living locally in need. All enquiries are dealt with confidentially. Please leave your contact details with the Parish Office or email [presidentA190704@svp.org.uk](mailto:presidentA190704@svp.org.uk).