



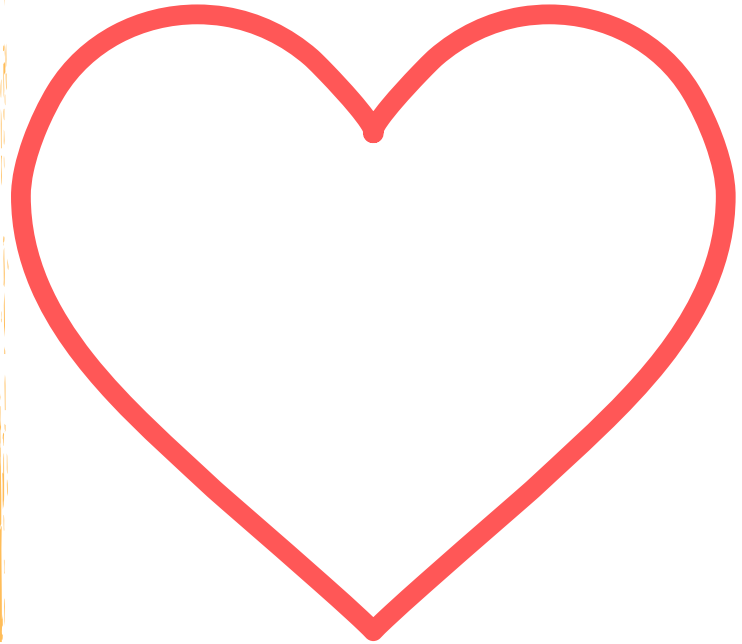
# Sunday 18th July - 16TH SUNDAY IN ORDINARY TIME

Readings at Mass:  
First Reading: Jeremiah 23:1-6  
Second Reading: Ephesians 2:13-18  
Gospel: Mark 6:30-34



## ACTIVITY

In the heart, draw a time that you have shown patience towards others.



### “ THE WORD OF GOD

So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where.

So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.”

## REFLECTION

How can we show love and kindness to those around us?

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## Prayer for the week

Dear Jesus,

We pray for all people who are sad, lonely, tired or unwell: that they may find the comfort and support that they need from you. Teach us not to be selfish and to think of others with kindness, so that we may show patience and compassion to all. Amen.

THIS WEEK I AM PRAYING FOR...

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